LONDON BOROUGH OF CROYDON

REPORT:	HEALTH AND WELLBEING BOARD
DATE OF DECISION	18 th October 2023
REPORT TITLE:	Croydon Mental Health Summit Update
CORPORATE DIRECTOR / DIRECTOR:	Rachel Flowers, Director of Public Health
LEAD OFFICER:	Jack Bedeman, Consultant in Public Health Email: jack.bedeman@croydon.gov.uk Telephone: 22616
KEY DECISION? [Insert Ref. Number if a Key Decision] Guidance: A Key Decision reference number will be allocated upon submission of a forward plan entry to Democratic Services.	No N/A
CONTAINS EXEMPT INFORMATION? (* See guidance)	NO Public
WARDS AFFECTED:	All

1 SUMMARY OF REPORT

- **1.1** The Croydon Mental Health Summit was held at Braithwaite Hall on the 18th November 2022, 9.45am-1pm.
- 1.2 The event was held to deliver a Mayoral campaign commitment to hold a summit with Croydon Citizens and delivers against the Mayor's Business plan 2022-2026 Outcome 5, People can lead healthier and independent lives for longer, Priority 2, work closely with health services and the Voluntary Community and Faith Sector (VCFS) to improve resident health and reduce health inequalities.

2 RECOMMENDATIONS

The Health and Wellbeing Board is recommended:

2.1 to note the report.

3 REASONS FOR RECOMMENDATIONS

3.1 To share the work ongoing within the Mental Health space following the Mental Health Summit

4 BACKGROUND AND DETAILS

- **4.1** The Mayor made a campaign promise to hold a Summit around mental health and primary care with Croydon Citizens
- 4.2 Nearly one year has passed following the Summit and this report is an update to the Board on the activity within the mental health space that relates to the feedback heard at the summit contained in the report and slides discussed at the January 2023 Health and Wellbeing Board meeting
- 4.3 The Summit provided an opportunity to explore experiences around barriers to accessing support within the community as well as feeding into the development of local health strategies
- 4.4 The Summit provided feedback for the development of the South West London Mental Health Strategy and an update on this overarching strategy for South West London is coming to this Board.
- 4.5 The Summit also provided feedback that was used to inform the development of the refresh of the Croydon Self-harm and Suicide Prevention Strategy, which will come to the Board in January 2024.
- 4.6 The Summit was developed with the Croydon citizens and gave an opportunity to discuss and reflect on the opportunities around the Be Well Hubs being developed as part of the South London Listens work.
- 4.7 The feedback from the Summit has been utilised in the early development work for the refresh of the Croydon Joint Local Health and Wellbeing Strategy and will inform the development of priorities within this in the coming months.
- 4.8 A major theme within the conversations within the summit was the challenges around cultural competency and cultural appropriateness of current mental health and wellbeing services. This was recognised as a significant challenge that requires more

and different approaches. The Croydon Ethnicity Mental Health Improvement Programme (EMHIP) work is significant in starting to address some of these challenges, and the Mental Health Programme Board has also started the process of becoming and actively anti-racist Board and now has a working group exploring what this means for the work of the Board, and for future commissioning.

4.9 The presentation in Appendix A covers the feedback from the Summit aligned to the action that is being taken. It also contains slides outlining the Mental Health Transformation work, which gives context to most of this work, and an outline of the Croydon Ethnicity Mental Health Improvement Programme that was given as part of the Mental Health Summit.

5 ALTERNATIVE OPTIONS CONSIDERED

5.1 *N/A*

6 CONSULTATION

- **6.1** Members of the public were consulted as part of the Mental Health Summit
- The South West London Mental Health Strategy, Croydon Dementia Strategy and the development of the Croydon Joint Local Health and Wellbeing Strategy all have their own consultation and updates are coming to the Health and Wellbeing Board separately.

7. CONTRIBUTION TO COUNCIL PRIORITIES

7.1 The summit was the delivery of a Mayoral commitment and delivers against the Mayor's Business plan 2022-2026 Outcome 5, People can lead healthier and independent lives for longer, Priority 2, work closely with health services and the VCFS to improve resident health and reduce health inequalities.

8. IMPLICATIONS

8.1 FINANCIAL IMPLICATIONS

- **8.1.1** There are no direct financial implications as a result of this report. Any future financial impact will be fully considered as part of subsequent reports as they arise.
- **8.1.2** Comments approved by Lesley Shields, Head of Finance for Assistant Chief Executive and Resources on behalf of the Director of Finance. 09/10/2023

8.2 LEGAL IMPLICATIONS

Under Section 195 of the Health and Social Care Act 2012, a Health and Wellbeing Board must, for the purpose of advancing the health and wellbeing of the people in its area, encourage persons who arrange for the provision of any health or social care services in that area, to work in an integrated manner. In addition, the Board may encourage health-related services to work closely with the Board, and may encourage health and social care services, and health-related services to work closely together. The Croydon Mental Health Summit, and the development of the strategies referred to in this report, demonstrate how the Board is discharging these functions.

Comments approved by the Head of Litigation & Corporate Law on behalf of the Director of Legal Services and Monitoring Officer. (Date 06/10/2023)

8.3 EQUALITIES IMPLICATIONS

8.3.1 The Council has a statutory duty, when exercising its functions, to comply with the provisions set out in the Sec 149 Equality Act 2010. The Council must, in the performance of its functions, therefore have due regard to:

eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;

advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;

foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

- **8.3.2** The Mental Health summit crosses all equality characteristics in that mental heath concerns may impact all members of the community. As such the development of a strategy will also benefit all characteristics in the Croydon community.
- **8.3.3** The invitation to the Mental Health Summit was shared widely through community groups including an emphasis on minoritized groups and experts by experience. The summit also had a focus on improving mental health outcomes for racialised groups.
- **8.3.4** Development of the Health and Wellbeing Strategy will include an equalities impact assessment which will identify equality implications for all characteristics.

Comments approved by Naseer Ahmand, on behalf of the Equalities Manager. 06/10/2023

OTHER IMPLICATIONS

9. APPENDICES

9.1 A Croydon Mental Health Summit – Activity

